

# Advanced Studies of the Human Aura



**Meru University**  
**Course 1002**

# Class 3

## Advanced Studies of the Human Aura



**El Morya**



# El Morya

March 26, 2010

**Advanced Studies of the Human Aura #6**

# Sun Spots, Solar Flares and Cosmic Emissions

Masterful Ones Whose Auras Are Expanding in Solar Joy,

Today I would share with you an understanding of the changing nature of the sun's aura as it relates to our studies and to your own Self-mastery in the expansion of your light essence. As you delve into the science of the sun and observe its behavior, the nuances of its radiations and the effects of its heartstreams upon all life within the greater aura of the solar system, you will discover many subtle spiritual principles that can assist you in expanding your own aura to cosmic levels of being under the direct guidance of your solar sponsors.

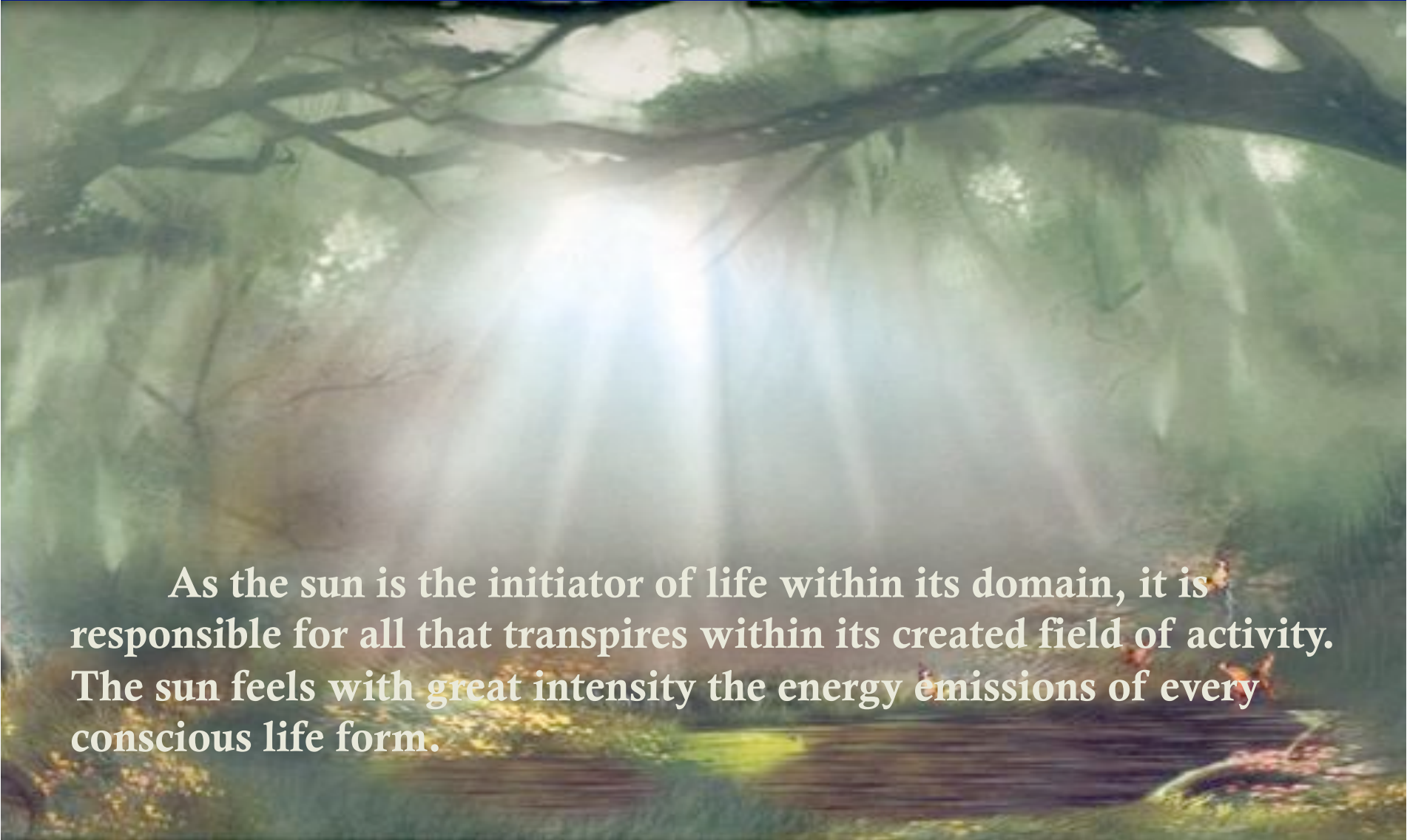
# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*



The sun spots that are at times observable upon the surface of the sun are indicative of the tremendous power that is wielded by our Solar Parents. The appearance and disappearance, the ebb and flow of these massive electromagnetic storms are being studied by your astronomers today. Yet the why,

how, where and when of their appearance and what they portend is still largely a mystery. Suffice it to say that these concentrated fields of energy are reflective of certain higher anomalies within the aura of the sun, which in turn are reflective of what the sun is attempting to convey to its children throughout its greater solar family.

# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*

A painting of a sunlit forest. Sunbeams (crepuscular rays) stream down from a bright light source in the center, filtering through the dense canopy of green and brown trees. The ground is covered in a mix of green grass and fallen brown leaves. The overall atmosphere is ethereal and peaceful.

As the sun is the initiator of life within its domain, it is responsible for all that transpires within its created field of activity. The sun feels with great intensity the energy emissions of every conscious life form.

# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*

From a spiritual perspective, sun spots are the indicators of new solar thoughtforms that are in the state of gestation and development before they are sent forth as perfected emanations throughout the cosmic sea.

What may be observed as the pooling of intense energies within these circular fields is the concentration of very high-level conceptual ideations of Helios and Vesta that are occurring within the flowfield of their cosmic mind.

Within the great silence of their higher beingness, these spots are observable as portals into the infinite mind of Alpha and Omega. Through these doorways the greater mindstreams of the God of the universe flow to their sun-children, their holy offspring—the stars.

# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*



The effects felt upon Earth of these cosmic ideations may manifest as electromagnetic storms that can create interruptive disturbances in its auric field, affecting the auras of all life. These induce change at superconscious states of beingness, implanting seed conceptions of divine love, wisdom and power at the Buddhic and Atmic levels of life in the higher bodies of Man. As these cycle through the matter planes, they may also be felt as an evocative and cathartic pressure upon the mental and emotional bodies of Man, often causing a temporary disconnect from current levels of spiritual stasis.



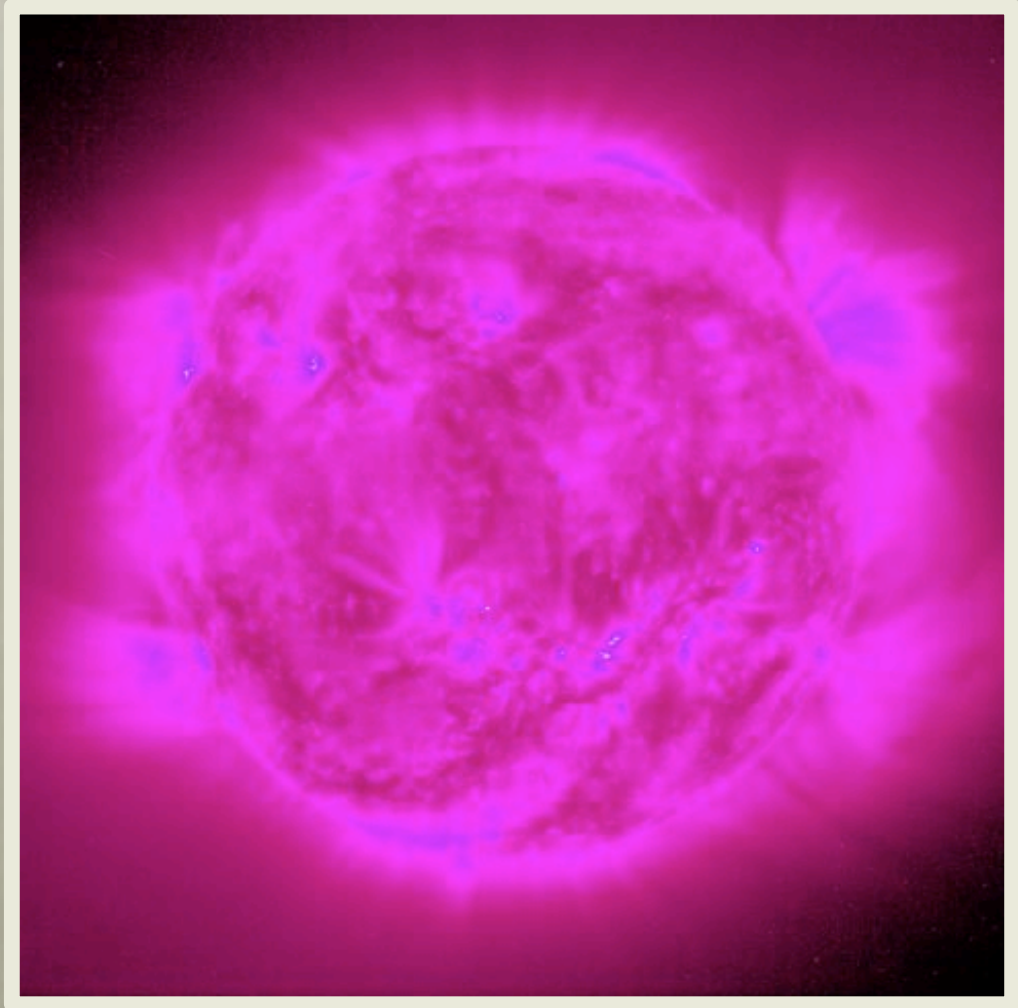
# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*

Upon Mercury, Venus and Saturn adepts have designed sensitive instruments that can measure the effects of these cosmic swirling fields upon their higher subtle bodies. These studies indicate as a whole the divine nature of these spots and their importance in the adjustment of cosmic forces and solar cycles within the lives of the sun's children everywhere.

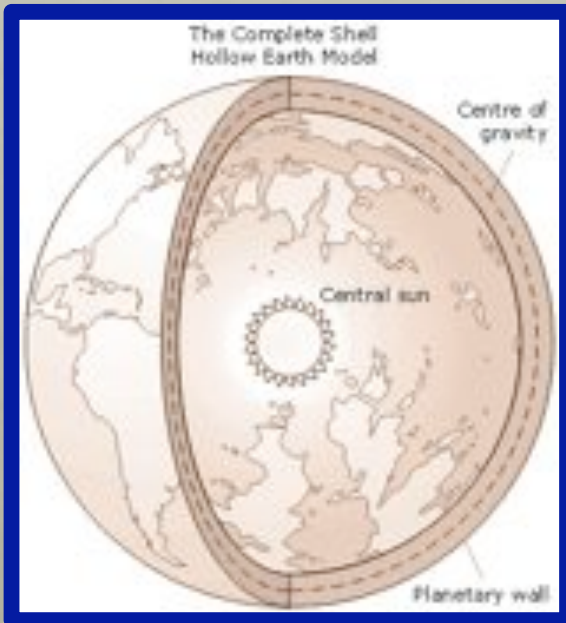
When the scientists upon Earth begin to truly understand the spiritual being of the sun, they will likewise discover the real purpose of these spots and of how the conscious ones may benefit by their meditation upon their cyclic activity as it affects their Real Self and the evolution of Man.

# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*

Solar flares also indicate a level of cosmic activity within the sun that, when sent forth as streams of high-intensity light waves, cause great change within the planets. These flares actually affect the interior of the planets more than the exterior.



# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*



The evolutions living within the Earth are more subtly aware of when these flares manifest, for one purpose is to increase the level of what I would term *solar pressure* within the central sun of even pressure within the earth. The increase in this light-pressure is a gentle but perceivable goad to the entire planet and its evolutions to increase the frequency of light within their beings.

At times on the surface of the Earth seemingly cataclysmic changes may occur, but these are always indicative of an adjustment that the Earth requires in its spiritual journey around the sun.

# Sun Spots, Solar Flares and Cosmic Emissions *Continued...*

The sun is continuously receiving cosmic impulses from the Great Central Sun as emissions from God's heart. These are stepped down and then transmitted to the planets and their evolutions in frequencies that they can receive and assimilate. To fully understand the intensity of these emissions and what they carry within of God's eternal thoughtforms, divine feelings and holy emanations, one must expand consciousness to perceive life as the gods perceive life. Developing greater Elohimic love, understanding and faith is imperative for the adept of this age. Listening to and meditating upon the Elohim while praying to them and singing their songs affords you a glimpse into their higher reality.

In the frequency of holiness within solar joy, I am very truly yours,

El Morya



# El Morya

March 29, 2010

**Advanced Studies of the Human Aura #7**

# Consciousness

Friends of the Eternal Now,

All is Consciousness. God is Pure Consciousness. You are, at your core being, consciousness. From consciousness, which itself is an energy field, perception and awareness of life are experienced by all sentient beings.

Without consciousness, life is void and cannot know itself.

Without consciousness there is no reference point by which all expression, all creativity can be experienced.

# Consciousness *Continued...*

All consciousness radiates an aura, an energy field. Every spirit that has life has an aura. Every living particle and substance that has vibration or movement has an aura. The aura is the very indicator of life, for where life ceases to animate beingness the aura recedes and darkens to nothingness. Though the spirit continues to exist and emanate an aura within other dimensional planes of being, when the physical body no longer houses life it no longer retains an aura.



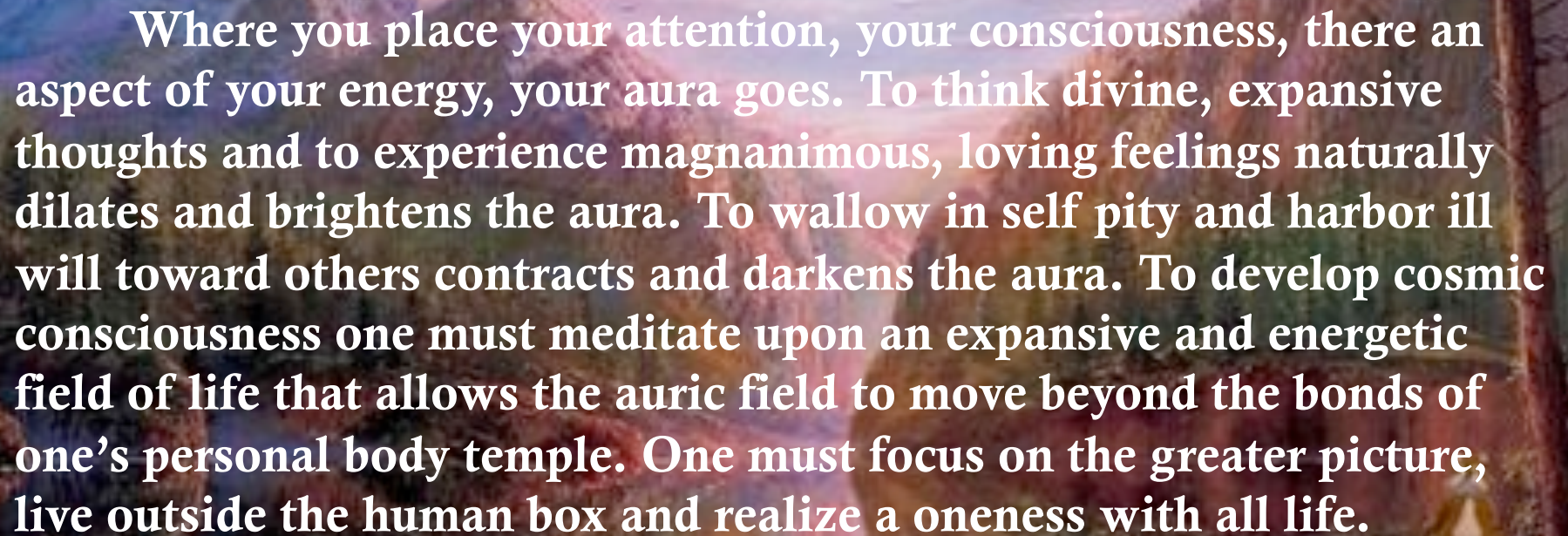
# Consciousness *Continued...*



To expand the aura one must expand consciousness. To refine the aura one must refine consciousness. To beautify the aura one must beautify consciousness. What one does with his consciousness one does to his aura. From this understanding the unseen elements of consciousness, of selfhood are always seen within the aura. One cannot serve two masters—light and darkness—simultaneously, for the consciousness is either radiating one or the other through the auric field at a given time.



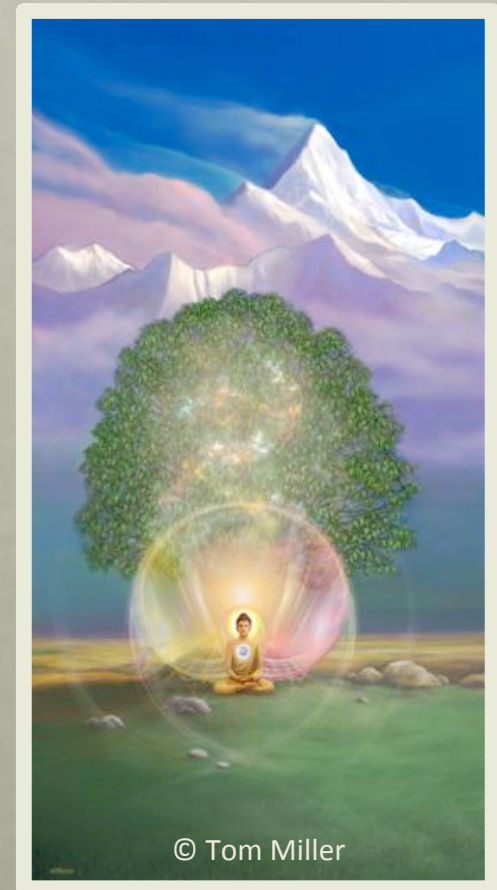
# Consciousness *Continued...*

A scenic landscape featuring a mountain range in the background, a river in the foreground, and a large tree on the right. A bird is flying in the sky. The scene is bathed in a soft, golden light, suggesting a sunrise or sunset.

Where you place your attention, your consciousness, there an aspect of your energy, your aura goes. To think divine, expansive thoughts and to experience magnanimous, loving feelings naturally dilates and brightens the aura. To wallow in self pity and harbor ill will toward others contracts and darkens the aura. To develop cosmic consciousness one must meditate upon an expansive and energetic field of life that allows the auric field to move beyond the bonds of one's personal body temple. One must focus on the greater picture, live outside the human box and realize a oneness with all life.

# Consciousness *Continued...*

Buddhic living is expansive living. The true shaman, holy man, adept or saint has broken through the barriers of carnality and lives for the whole, for the principles of collective beingness that are expressive of universal and multidimensional love and joy. To experience cosmic consciousness one must truly know God in his/her primal essence of pure beingness in the eternal Now.



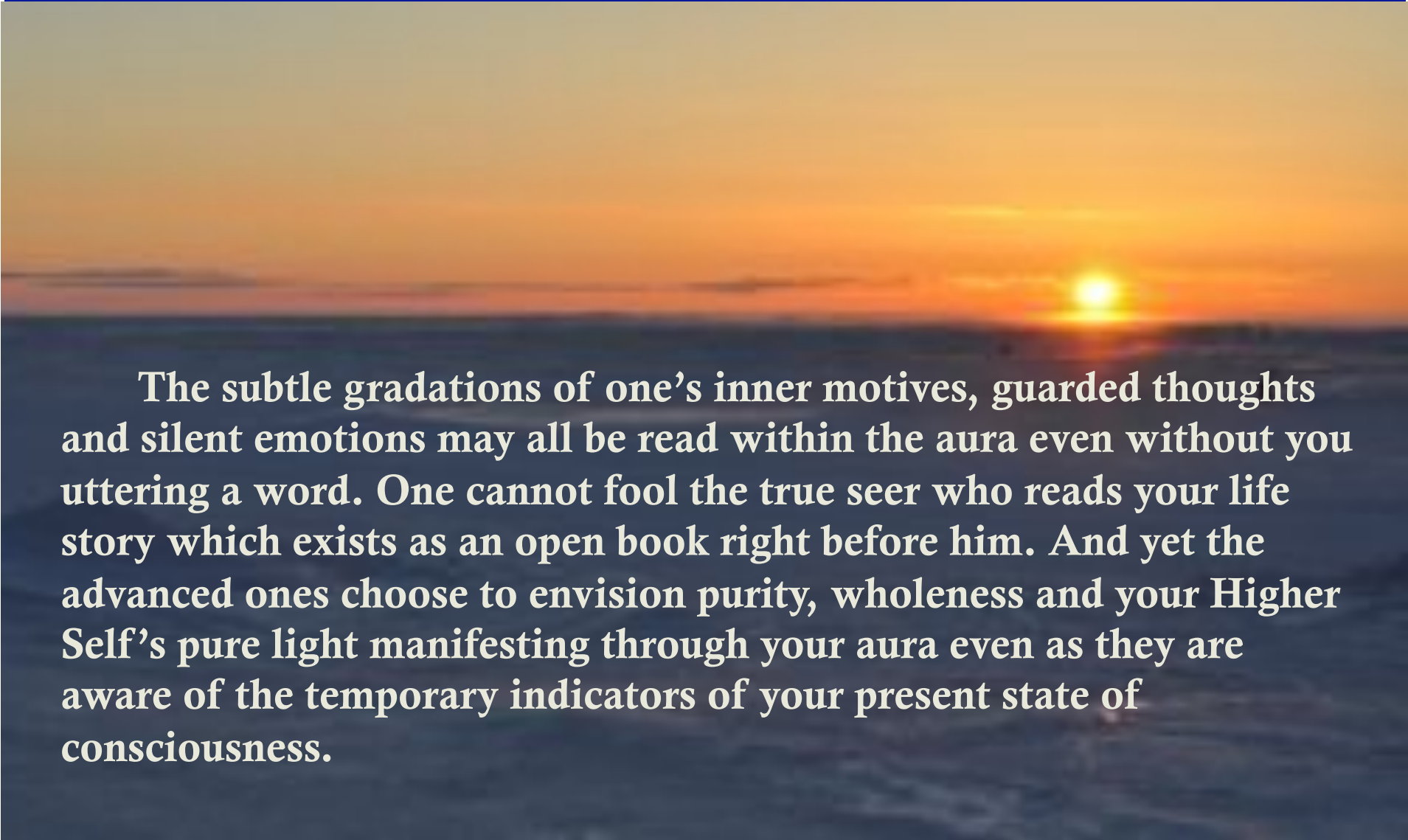
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# Consciousness *Continued...*



All consciousness has a vibrational frequency, image, tone, fragrance and feeling that is specific to its life-essence. As consciousness changes, expands and becomes more refined, these expressions within the auric field reflect those changes. What one has been one can change by free will choice. What darkness has existed within consciousness which has then been clearly shown within the aura may be transmuted into light. For the adept, the refiner's fire is always blazing within. Consciousness is never static. One is always in the process of becoming more like and of God.

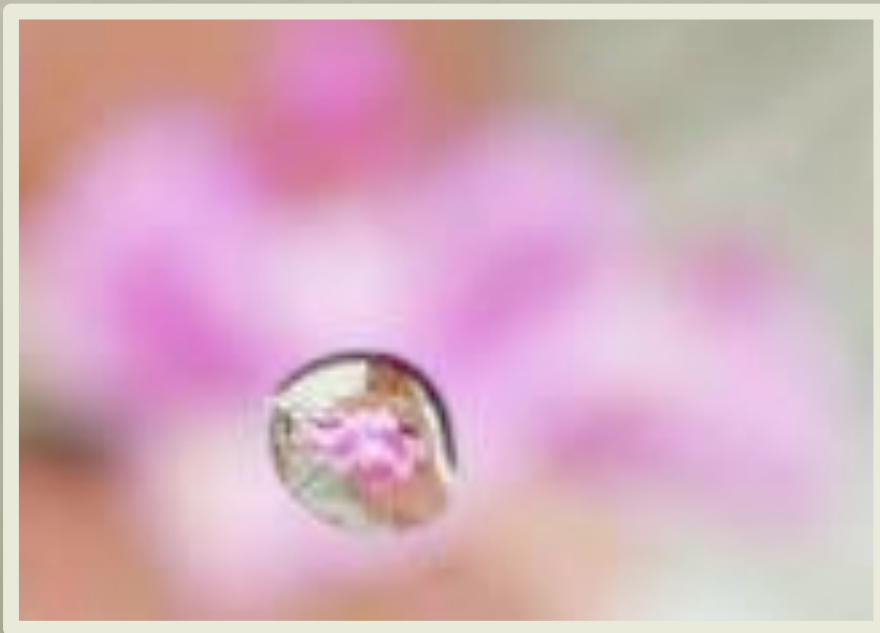
# Consciousness *Continued...*

A sunset over a body of water, with the sun low on the horizon. The sky is a gradient of orange and yellow, transitioning into a blue gradient at the bottom. The water is dark blue. The text is overlaid on the bottom half of the image.

The subtle gradations of one's inner motives, guarded thoughts and silent emotions may all be read within the aura even without you uttering a word. One cannot fool the true seer who reads your life story which exists as an open book right before him. And yet the advanced ones choose to envision purity, wholeness and your Higher Self's pure light manifesting through your aura even as they are aware of the temporary indicators of your present state of consciousness.

# Consciousness *Continued...*

Seeking to read and interpret the auras of others without pure motive is a reckless choice for the aspiring adept. Seek first the kingdom, the consciousness of God within Self and within the divine Selfhood of others.



Then your study may be honorable and based on the motive to serve to set life free and not to encumber anyone with a greater burden based on what is witnessed within the aura.

# Consciousness *Continued...*



Those who maintain a purity of consciousness may see God and may also see the God-ideal of each individual before them as the greater aura of the Solar Presence of that one. Thus, the goal of all who would see and interpret the aura should be

to first affix their consciousness upon the God Self of all and to hold fast to that which they have seen to fully assist the soul in improving the auric field through this immaculate vision. Concurrent with any in-depth and advanced studies of the nuances of the auric field should be a greater striving and advancement in the continuous purification of one's own aura such that one's work may be filled with the true light of the living Logos' legacy!

# Consciousness *Continued...*

Consciousness is the key to your divinity. Just as corrective lenses may be required for those whose vision is myopic, so a shift and alteration of consciousness to behold the beauty of the cosmos and of every soul and spirit evolving therein assists one to realize God consciousness. If your motive is as humble as Alpha's—to serve all life with all of his being with purity, integrity and love—then you can be entrusted with the responsibilities that come with cosmic consciousness. To attempt to expand the aura prematurely would result in the grossness of human imperfection to be strewn throughout the galaxies.



God forbid it of these, my holy students, O Lord!

I am Morya El. My consciousness is blue-trued upon the Divine One always.



**“Color is important.  
Share how you have  
spiritually discriminated  
the gradations of various  
colors and their  
vibrations.”**



# Next Week Question:

**“Each lifestream serves on a primary and a secondary ray. Share how your understanding of this dynamic has improved your life.”**



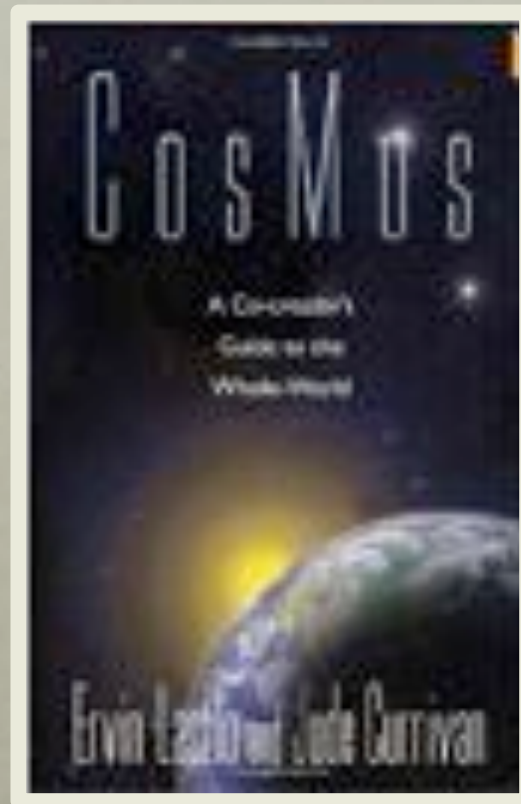
# Meditation for HeartStream



El Morya

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# Prepare for Next Week's Class



Please read *CosMos* chapters 8 & 9, pp. 131-158