

# Advanced Studies of the Human Aura



**Meru University**  
**Course 1002**

# Class 5

## Advanced Studies of the Human Aura

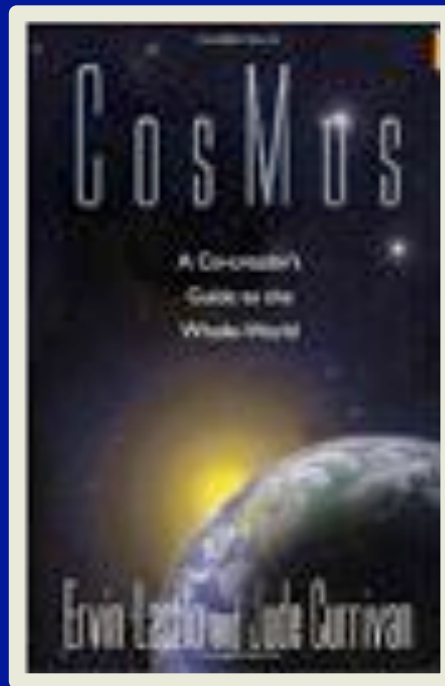


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**El Morya**

# CosMos

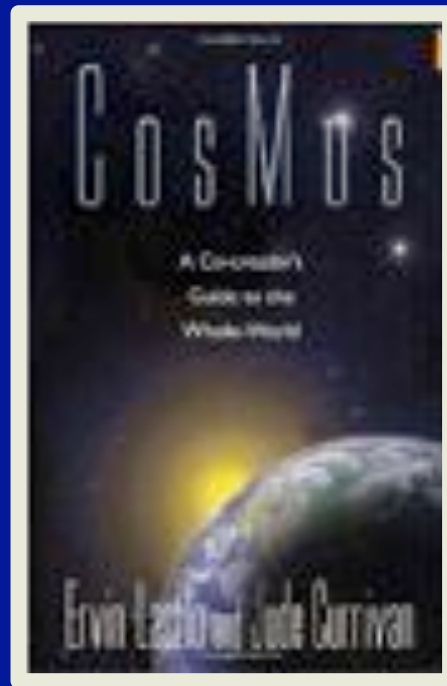
*A Co-creator's Guide to the Whole-World*



*by*

**Ervin Laszlo and Jude Currivan**

# Chapter 10



## Beginning the Shift

# Spirals



**Rather than cycles, we perceive the creative evolutionary processes unfolding throughout the Cosmos in spirals.**

*(p. 162)*

# The Shift



**We face global crisis, which provides both risk and opportunity. The opportunity is for an evolutionary leap of awareness—a leap that is becoming known as the Shift.**

**(p. 162)**

# Spiral Dynamics

- **Rather than rigid layers, the evolutionary processes of our societies, like our personal development, play out in waves that rise, peak, and fall away and yet spiral ever upward. (p. 165)**
- **In their book, *Spiral Dynamics*, Don Beck and Christopher Cowan divided our current societies into eight levels of awareness. The first six levels are defined as archaic to tribal, authoritarian to conformist, individualistic to humanistic. (p. 165)**
- **The seventh level of awareness is described as a reintegration of ourselves and the wider Cosmos. (p. 165)**

# Spiral Dynamics *Continued...*



- The eighth level of awareness is achieved when we are able to access transpersonal levels of experience and recognize the intrinsic connection of the whole-world. *(p. 165)*
- The authors commented on a 12-fold chakra system consisting of the seven chakras and five other transpersonal chakras that are at ever-higher levels of awareness. *(p. 166)*



# El Morya (4-8-10) ASHA #8

**“Devotional practices that expand the love-fires of the heart naturally oil the holy emanations from the Divine One so that their resting place for deep reflection and assimilation will be within the secret chamber of the heart rather than within the lower mind.”**



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# Coming into Alignment with the Cosmos



Life becomes meaningful and replete with the awareness that we are doing the right thing in the right place and at the right time. *(p. 167)*

[http://1258.photobucket.com/albums/hh280/madster1996/ws\\_Grass\\_Spirals\\_2560x1920.jpg](http://1258.photobucket.com/albums/hh280/madster1996/ws_Grass_Spirals_2560x1920.jpg)

# Curing Affluenza

The authors of the book, *Affluenza*, have called the disease of extreme consumerism *Affluenza*. (p. 168)

## *What makes us happy?*

- A meaningful life where we experience loving and supportive relationships
- The pursuit of meaningful goals
- Pleasure in everyday events
- Enough time to explore our fields of interest

<http://i959.photobucket.com/albums/ae78/blondeaussiechick63/Daily%20Guidance%20From%20Your%20Angels%20oracle%20cards/Play.jpg>



# The Voluntary Simplicity Movement



**There are a growing number of locally based groups around the world that support a personal choice of living a simple, healthy and restorative lifestyle —this is called the voluntary simplicity movement.**

*(p. 170)*

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# The Shift that is Happening Within Us

We are realizing that we don't need to cut ourselves off  
from the everyday world to achieve enlightenment.

*(p. 170)*

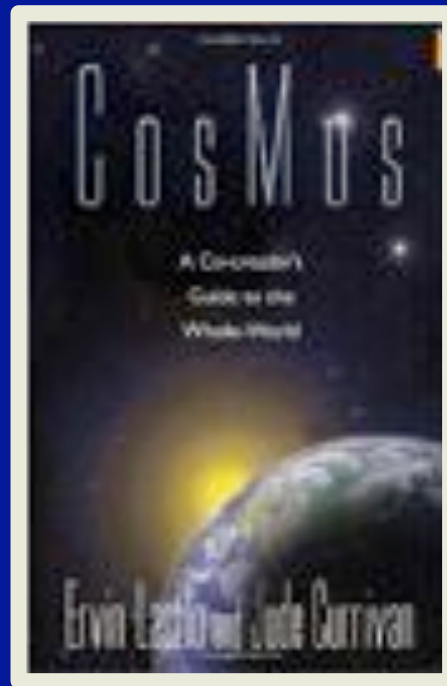


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# Chapter 11



## Integral Reality

# Quote from Albert Einstein



**“No problem can be solved from  
the same level of consciousness  
that created it.”**

*(p. 173)*

# Cooperation



**When we look at the amazing diversity of Nature, we see cooperation far more than we see competition. (p. 174)**



# Poem by William Blake



To see a world in a grain of sand,

<http://i32.photobucket.com/albums/d5/chucksdale/brightlight.jpg>

<http://i606.photobucket.com/albums/tt149/awesome3031/angel%20and%20my%20grandson/ainthesocute.jpg>



And a heaven in a wild flower,

<http://i56.photobucket.com/albums/g198/peterchai82/To%20see%20a%20world%20in%20a%20grain%20of%20sand/Close-upflower.jpg>



Hold infinity in the palm of your hand,

And eternity in an hour.

(p. 178)

[http://i45.photobucket.com/albums/f94/shlee\\_bangs/hourglass2.jpg](http://i45.photobucket.com/albums/f94/shlee_bangs/hourglass2.jpg)



# The Return of the Feminine



We all have both the mind-focused masculine and heart-focused feminine as complementary aspects of our being and existence. The Shift is revealing that on a collective level, the return of the feminine is crucial to rebalance and reconsecrate the sacred marriage within and between us in all aspects of our lives.  
*(p. 180)*

# El Morya (4-9-10) ASHA #9

When a child-woman receives proper solar stimulation by being allowed to experience life, work and play in nature for many hours each day, her inner genius emerges and she is set on a course of true inner fulfillment. Imbibing the beneficial rays of solar intelligence directly from the sun



<http://i373.photobucket.com/albums/oo175/ami4285/sun.jpg>

excites the higher Atmic functions of divine beingness within the pituitary and pineal glands which correspond to the third eye and crown chakras, where the original blueprint of perfected life are held inviolate in Man.



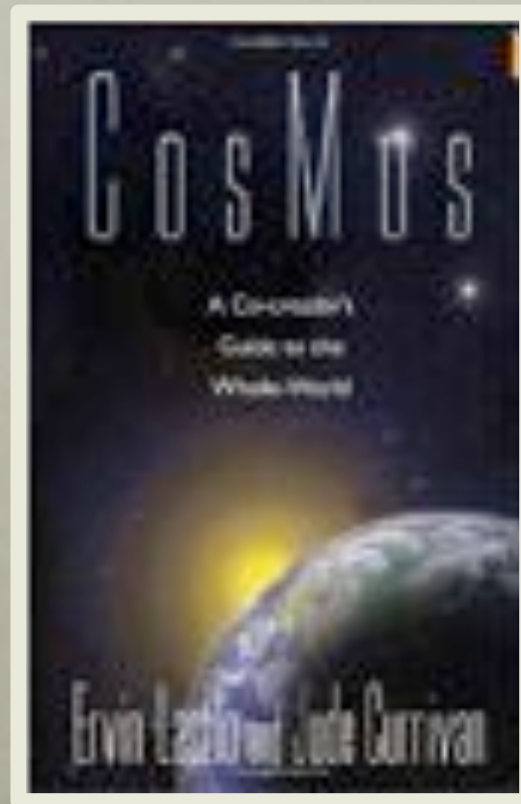
**“Developing cosmic consciousness requires mastering your life and your aura. Be prepared to discuss your progress in this realm and the nuances of the initiations that have come into play for you.”**

# Next Week Question:



**“The aura of the sun is our ideal example. Share how the solar sciences have benefited you on your path.”**

# Prepare for Next Week's Class



**Please read *Cosmos* chapters 12, 13 & 14, pp 181-216**