

The World Mother's Teaching on the Pearl of Great Price
With Our Beloved Clare de Lis

Meru University Online Course 1107
Syllabus

Course Description:

An in-depth study of the 33 HeartStreams released by the Ascended Lady Master Clare de Lis, from November 11 through December 12, 2009, completing the Omega return of Beloved Lanello's Alpha cycle in delivery of his 33 HeartStreams, launching The Hearts Center movement in 2005. Quintessences of light are woven throughout these teachings, which, when studied and meditated upon, will assist the sincere us in assimilating their wisdom into our eternal Solar bodies. Clare de Lis' messages will enable us to tap into our Buddha-mind and being.

In addition, we will darshan with the Lady Master Clare de Lis regarding:

- The purity of the OverSoul and how we can draw the light of our Presence through our heart into our souls to accelerate consciousness.
- How we can prepare for the shift that is happening and will continue as we move into 2012 and beyond.
- Initiations and the psychology of the soul—understanding dynamics of the psyche that are essential to passing our initiations.
- How to develop the feeling nature of the soul and how to develop compassion as a way of life through contact with our feminine nature.
- How we can achieve greater levels of service and responsibility.
- The initiations we are meant to experience through events, and personal challenges.
- The meaning of the bodhisattva path.
- How we can be fully integrated with our Higher Selves
- The meaning of living at zero-point.

Required Reading and Course Material:

- Clare de Lis HeartStreams, Nov. 11- Dec. 12, 2009, available on MU 1107 course page

- *Agora*: 2009 film by Chilean director Alejandro Amenabar about Clare de Lis' embodiment as Hypatia of Alexandria, a noted Greek scholar and mathematician
- Weekly questions to be answered and posted on the Forum under MU Class #1107
- A blank notebook or journal dedicated to course work

Recommended Reading:

- Bailey, A. (1951). *Initiation: human and solar*. New York, NY: Lucis Press Ltd.
- Harvey, A. (2009). *The hope: a guide to sacred activism*. Carlsbad, CA: Hay House.
- Chodron, B. T. (2005). *How to free your mind: Tara the liberator*. Ithaca, NY: Snow Lion Publications.

(Additional references and recommended readings at end of syllabus.)

Course Venue:

This is a self-directed online course. You may access the course page and proceed through each class at your convenience and at your own pace.

An optional live discussion session with the course instructor, Cheryl Bench, will be held on August 12 from 9:30 – 11:30 M.D.T. This class will use Adobe Acrobat webinar software. A teleconference option will also be available. We will provide access instructions to the live sessions on the course page in the near future.

The live discussion sessions with Cheryl offer you an opportunity to ask questions and reflect on the course material. You must view the course videos and complete the assignments prior to the discussion session.

Forum and Homework:

Post your assignments on The Hearts Center Forum for MU 1107. You may also enjoy replying to other students' posts. Sign up to receive an email when your post is answered by another person, whether an MU student or other interested participant.

You are required to read and answer a question related to the course material each week, and post your answer on the MU 1107 Forum. These answers may or may not be read and discussed during the optional live discussion session. Your completion of written responses to weekly questions is required in order to receive a certificate for this course.

In addition, all homework assignments must be completed by heartfriends planning to attend the Lake Titicaca Pilgrimage in December, 2012.

Logistics and Technical Details:

Once you register and login to The Hearts Center website, click on “Meru University” on our menu bar. Then click on “MU1107: World Mother’s Teaching on the Pearl of Great Price” on the drop-down menu to access your course page.

On the course page you’ll find the syllabus, homework assignments, and audio, video, PowerPoint and resource links. Also, see links to our store to purchase your textbook(s).

Program Learning Outcomes:

1. Assimilation of the concepts discussed in Clare de Lis’ 33 HeartStreams.
2. Internalizing the completion of the Omega return cycle for The Hearts Center movement as new energy, greater impetus.
3. Receiving the blueprint within these HeartStreams to move us into 2012 with determination to achieve internal harmony and external community growth.
4. The recognition of the path of initiation and one’s position on that path.
5. Understanding the psychological aspects of the initiatic path and the importance of practical accomplishment that demonstrates attainment and commitment to serve.
6. The ability to draw conclusions from historical/spiritual perspectives and apply them to future world service.
7. The acceptance of one’s cosmic opportunity as an initiate.

Session 1:

Read HeartStreams 1-5 and be prepared to comment/discuss on the Forum.

Topics to be covered: What is the “Pearl of Great Price”? The importance of the consciousness of the Divine Mother in this era. Why a new movement? The mission of the 144,000. The path of initiation, karmic patterns and opportunities for service. Your office in hierarchy, true vision and holding the immaculate vision as a representative of the Divine Mother for your flock. Accessing the purity of the OverSoul.

Meditation on the Divine Mother

Question #1 (to be answered and posted on the Forum): What is your understanding of the initiatic path and where do you see yourself on this path at the present time?

Session 2:

Read HeartStreams 6-11 and be prepared to comment/discuss on the Forum.

Topics to be covered: Surrendering your sense of separateness from the Divine within. Development of intuitive faculties through stillness and quietude. Integration with the Higher Self through courageous action. Coping with new frequencies of solar light. Collaborating with the Cosmic Mothers in developing childlike-imagination through your inner genius.

Experiential Exercise: Co-creation with Elohimic Starry Mother-Light Energy

Question #2: How would your attitudes and behavior change if you realized the truth in Clare's de Lis' premise that "the entire Cosmos depends upon you?" Use your imagination to visualize what life would be like if you suddenly disappeared as did George Bailey in Jimmy Stewart's 1946 classic Christmas movie, *It's a Wonderful Life*. Post your response on the Forum.

Session 3:

Read HeartStreams 12-16 and be prepared to comment/discuss on the Forum.

Topics to be covered: The importance of maintaining your spiritual practice, alignment and auric flowfield. Manifesting a personal/collective vision of the Holy City amidst the nefarious forces of decadence and greed. Using heart-mindfulness to awaken true teachers of divine wisdom in the New Age and bring about an evolutionary leap in the outmoded educational systems of today.

Meditation: Initiating new cycles of light for the protection of higher spiritual education for the full enlightenment of all mankind with Lord Maitreya

Question #3: Accepting our premise from last week's session that the entire cosmos depends on you, develop a strategy that allows you to increase your understanding and use of the Mercurial releases of divine inspiration discussed in HeartStream #15. Post your response on the Forum and respond to two other postings.

Session 4:

Read HeartStreams 17-22 and be prepared to comment/discuss on the Forum.

Topics to be covered: Challenges and initiations on the bodhisattva path; using psychological techniques and Buddhist awareness to carve away human creation. Embracing your Buddha nature as key to mastery of the initiatic path on the ruby ray of Sanat Kumara and the 144,000.

Bodhisattva meditation

Question #4: What is so special about the hour of 6:00 a.m., and how can you use this

auspicious time to bring great blessings to your world both personally and collectively? Share your answers and respond to two others on the Forum.

Session 5:

Read HeartStreams 23–28 and be prepared to comment/discuss on the Forum.

Topics to be covered: Benefits of entering the Great Silence and maintaining heart-centeredness in daily life. Education with emphasis on the soul: using intuition, vision, imagination to unlock the inner genius. The Love-Field of co-creativity: raising the energetic field of the planet. Letting your light shine: increasing your ability to retain and radiate spiritual light to mitigate seasonal oppression and depression.

Exercise: Co-creativity in Highest Love

Homework assignment: Call forth the removal and replacement of the manipulation of DNA/seed of darkness with the Christic/Buddhic crystal of light by Arcturus and Victoria (HeartStream #25).

Question #5: In HeartStream #27, we are told that “our light cannot be hid under a bushel if we are to enter the revelatory realms of the Buddhas.” How will you, having received the light of divine wisdom in your life, further its cause and deliver its message of hope to all? Post your answer on the Forum and be prepared to share your response during the next class.

Session 6:

Read HeartStreams 29-33 and be prepared to comment/discuss on the Forum.

Topics to be covered: Making great spiritual progress through practical action fueled by kindness and reverence for life. Conscious choice of oneness over dualism: avoiding pitfalls of excessive focus on the shadow side of life. Living beyond the veils of illusion: gratitude and reverence for all life. The Alchemy of Love: The Sacred Marriage. Discussion of the movie, *Agora*.

Final Assignment: Write an essay of one to two pages on your observations after viewing *Agora*, relative to living in the transitional period between ages. What concepts of wisdom did you glean from the historical perspective of changing cultural/religious beliefs and attitudes depicted in the film? How can your spiritual work assist in this process of moving into the Age of Aquarius? Submit by email to registrar and post major conclusions on the Forum to receive credit for fulfilling class requirements.

Recommended Reading/References:

Aivanhov, M.O. (1989). *Man's two natures, human and divine*. Frejus Cedex, FR: Prosveta

- Bailey, A. (1951). *Initiation: Human and solar*. New York: NY: Lucis Press Ltd.
- Braden, G. (2008). *The Spontaneous healing of belief: Shattering the paradigm of false limits*. Carlsbad, CA: Hay House.
- Chodorow, J. (1997). *Introduction. Jung on active imagination*. Princeton, NJ: Princeton University Press.
- Chodron, B.T. (2005). *How to free your mind: Tara the Liberator*. Ithaca, NY: Snow Lion Publications.
- Goswami, A. (Actor), Slade, R. (Director), & Stewart, R. (Director). (2009). *The quantum activist* [Motion Picture]. USA: Intention Media Inc.
- Haich, E. (2000). *Initiation*. Santa Fe, NM: Aurora Press.
- Harvey, A. (2009). *The hope: A guide to sacred activism*. Carlsbad, CA: Hay House
- Harvey, A. (1995). *The return of the mother*. Berkley, CA: Frog, Ltd.
- Harvey, A., & Erickson, K. E. (2010). *Heart yoga: The sacred marriage of yoga and mysticism*. Berkley, CA: North Atlantic Books.
- Havlick, M.J. (2001). Masculine spirituality and initiation: the global challenge. In R. L. Moore (Ed.), *The archetype of initiation: sacred space, ritual process, and transformation: Lectures and essays*, (pp.156-181). Lexington, KY: Xlibris Corporation.
- Jinpa, G. T. (2005). *Essence of the heart sutra: The Dalai Lama's heart of wisdom teachings*. Somerville, MA: Wisdom Publications.
- Kelly, M. O. (2002). *The Path of the pearl: Discover your treasures within*. Hillsboro, OR: Beyond Words Publishing.
- Khyentse, D. (1992). *Enlightened courage*. La Besse, FR: Editions Padmakara.
- Neumann, E. (1994). *The Fear of the feminine: And other essays on feminine psychology*. Princeton, NJ: Princeton University Press.
- Peirce, P. (2009). *Frequency: The power of personal vibration*. New York, NY: Atria Books.
- Peirce, P. (1997). *The Intuitive way: The definitive guide to increasing your awareness*. New York, NY: Atria.
- Powell, R.A. (2000). *The most holy trinosophia: And the new revelations of the divine feminine*. Great Barrington, MA: Anthroposophic Press.
- Raff, J. (2000). *Jung and the alchemical imagination*. York Beach, ME: Nicolas-Hays, Inc.
- Vitale, J., & Hew Len, I. (2007). *Zero limits: The secret Hawaiian system for wealth, health, peace & more*. Hoboken, NJ: Wiley & Sons, Inc.