# Daily Spiritual Etiquette in Communication and Work

## **Syllabus**

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**Ascended Master Sponsors** 

Afra

Saint Germain

#### Purpose of Course

The purpose of this course is to promote an understanding of the foundations and practice of spiritual etiquette and to provide practical tools that we can use in our in our daily lives as a model of communication and work in the Aquarian Age.

#### General Objectives

- 1. Understand the source and the nature of spiritual etiquette
- 2. Reflect on spiritual etiquette practiced through mindfulness, attunement and self-mastery
- 3. Discuss techniques that we can use every day to bring us closer to our families, colleagues and collaborators to create and live in an environment of joy, harmony, and oneness.

## Course Outline

- Definition and history of etiquette
- What is etiquette and why is it important?
- What is spiritual etiquette and why is it important?
- Teachings from the masters that serve as the foundation for spiritual etiquette
- Tools and techniques for applying spiritual etiquette in daily communication and work

Participants will be encouraged to share during the class.