## **Heartfriend Wisdom Series**

## How to Love El Morya More Alice Rogers, Instructor

## **Syllabus**

El Morya does so much for us! He teaches us directly and by example. He strengthens us, helps us, directs us, assists us, pushes us, warns us, disciplines us, watches over us, and finally, and most of all, he loves us! During this class we will have a short review of El Morya's embodiments and what he experienced and learned through them that he continues to expand and teach us today. You will engage in active meditations with the master. You will learn ways that you can love El Morya more. What are they? Join us to find out!

## **Purpose of this course**

You will discover:

- Who is El Morya and why should we desire to love him more? The more we understand the Master, the more we can emulate and integrate his being within ourselves.
- A short review of El Morya's embodiments, and what he experienced and learned through those embodiments that he continues to expand and teach us.
- Ways we can express "more love".
- You will participate in active meditations inspired and directed by the master.
- The class will include videos and sharing.