



The Yellow-Brick Spiral of Life

Journal Reflection 3: What issues and/or tests continually come up as you progress along the spiral of life?

These usually follow a 7-year Saturn cycle when transiting Saturn conjoins, squares or opposes a natal planet. Saturn is the planet of initiation. Think back upon your life when you faced major initiations. Use this chart to write down the year and what happened. Each brick represents a year and every revolution of the spiral is 7 years. When you find a year when you had a major initiation, think about what happened 7, 14, 21, and 28 years later. Did you face a similar initiation. The conjunction (28 years) and oppositions (14 years) are the most powerful points where you would likely see a repetition. What is the lesson?