

MU 1712 Everyday Saintliness

Syllabus

Instructor: Sonya Christian

Sponsoring Masters: Mother Teresa, Jesus, El Morya

Purpose of the Class

To show how *everyone* can practice saintly behavior and apply that behavior in our everyday lives.

Objectives

- ∞ Define what Everyday Saintliness means
- ∞ Give examples of Everyday Saintly people
- ∞ Show how Everyday Saintliness is related to Loving Acts of Kindness

Overview of the Class

- 📖 Understand Saintly behavior
- 📖 Review quotes and HeartStreams from Mother Teresa
- 📖 View everyday saintliness as in *The Kindness Dairies*
- 📖 Learn how to incorporate Everyday Saintliness into our Lives
- 📖 Recognize our Oneness and Connection with each other
- 📖 Teach that those who Give also Receive
- 📖 Explore Random Acts of Kindness