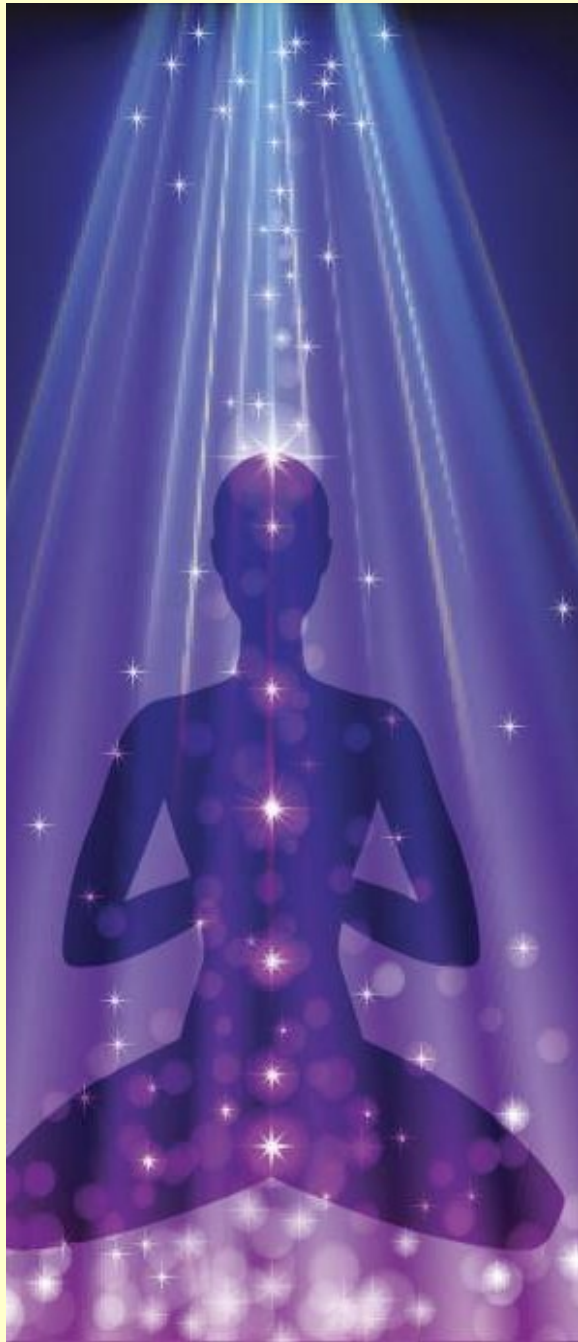


[MeruUniversity.org](http://MeruUniversity.org)



***HOW TO SPIRITUALLY  
DEAL WITH CRIME AND  
GANGS IN THE MAJOR  
CITIES***

**AFRA**

**K-17**

**GODFRE**

**LANELLO**

# **Purpose of the Course**

**Become aware of the dynamics within our inner cities.**

**Create a visionary blueprint and spiritual approach through “Divine Magic”.**

**Create Illustrious visions of our cities and youth and to consider spiritual practices.**

**Gain a greater sense of Brother/Sisterhood and victory for our cities, by communing and visioning with the sponsoring Masters.**

*Anasta*  
*Volume 10*

**The Ringing Cedars  
of Russia Book  
Series  
by Vladimir Megré**

**“Gaining knowledge  
of the science of  
imagery leads to  
understanding the  
entire universe  
created by the  
Creator, and to the  
creation of new and  
beautiful worlds.”**



# RELIGION VS. SPIRITUALITY

**Religion is a human invention that centers on specific rituals and a set of stories that outline a basic moral code and belief system.**

**Religions often, but not necessarily, have a hierarchy of initiates, with those further into the inner circle leading the rituals for the general populace.**



# RELIGION VS. SPIRITUALITY

**Spirituality relates to the spirit or essential essence of humanity. People who say they are spiritual are working to grow and better this inner force.**

**Religious people are generally spiritual people as well, but spiritual people do not necessarily have to be religious. They may work to attain a heightened spirituality through alternative methods.**

Difference Between.Net



# SPIRITUALITY

**Spirituality is a broad concept with room for many perspectives. In general, it includes a sense of connection to something bigger than ourselves, and it typically involves a search for meaning in life. As such, it is a universal human experience—something that touches us all.**

**“...the search for transcendent meaning” – can be expressed in religious practice or ...expressed exclusively in their relationship to nature, music, the arts, a set of philosophical beliefs, or relationships with friends and family” (Astrow et al. 2001).**

# SPIRITUALITY

**The meaning of spirituality has developed and expanded over time, and various connotations can be found alongside each other. The term "spirituality" originally developed within early Christianity, referring to a life oriented toward the Holy Spirit.**

Wikipedia

**During late medieval times the meaning broadened to include mental aspects of life, while in modern times the term both spread to other religious traditions and broadened to refer to a wider range of experience, including a range of esoteric traditions.**

Wikipedia



# HOW TO SPIRITUALLY DEAL WITH CRIME AND GANGS IN THE MAJOR CITIES

## Gangs in Chicago

Video

<https://www.youtube.com/watch?v=iKRV8k7XcdU>

# THE MOST DANGEROUS CITIES

**24/7 Wall St. reviewed violent crime rates in major U.S. cities from the FBI's 2015 Uniform Crime Report. Violent crime includes all offenses involving force or threat of force and are broken into four categories: murder and nonnegligent manslaughter, rape, robbery, and aggravated assault. For every 100,000 U.S. residents, 372 of these crimes were committed in 2015.**

USA Today

# TEN MOST DANGEROUS CITIES IN AMERICA

## 1. St. Louis, MO

**Violent crimes per**

**100,000: 1,817.1**

**2015 murders: 188**

**Poverty rate: 27.8%**

**Unemployment rate: 6.1%**

## 2. Detroit, MI

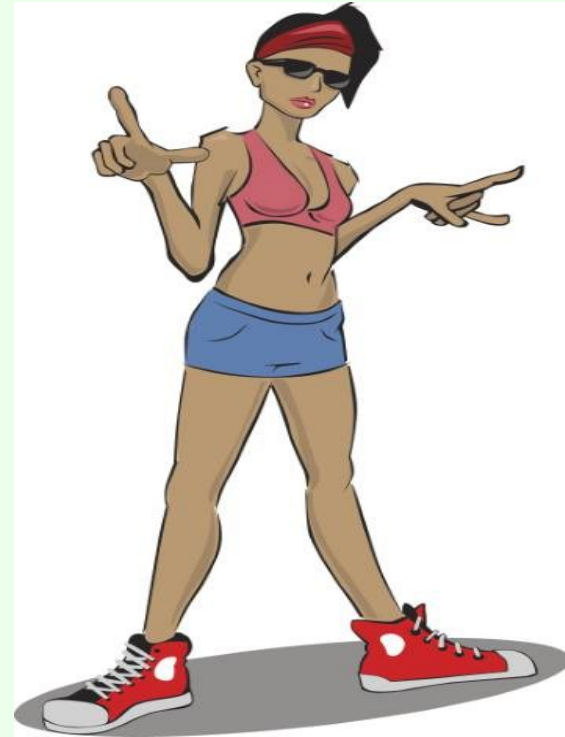
**Violent crimes per**

**100,000: 1,759.6**

**2015 murders: 295**

**Poverty rate: 39.8%**

**Unemployment rate: 12.4%**



# TEN MOST DANGEROUS CITIES IN AMERICA

## 3. Birmingham, AL

**Violent crimes per**

**100,000: 1,746.2**

**2015 murders: 79**

**Poverty rate: 31.0%**

**Unemployment rate: 7.2%**

## 4. Memphis, TN

**Violent crimes per**

**100,000: 1,740.1**

**2015 murders: 135**

**Poverty rate: 27.4%**

**Unemployment rate: 7.3%**

USA Today



# TEN MOST DANGEROUS CITIES IN AMERICA

## 5. Milwaukee, WI

**Violent crimes per**

**100,000: 1,596.1**

**2015 murders: 145**

**Poverty rate: 29.4%**

**Unemployment rate: 6.7%**

## 6. Rockford, IL

**Violent crimes per**

**100,000: 1,585.3**

**2015 murders: 19**

**Poverty rate: 25.4%**

**Unemployment rate: 8.3%**

USA Today



# TEN MOST DANGEROUS CITIES IN AMERICA

## 7. Baltimore, MD

**Violent crimes per**

**100,000: 1,535.9**

**2015 murders: 344**

**Poverty rate: 24.2%**

**Unemployment rate: 7.7%**

## 8. Little Rock, AK

**Violent crimes per**

**100,000: 1,485.0**

**2015 murders: 32**

**Poverty rate: 18.0%**

**Unemployment rate: 4.7%**

USA Today



# TEN MOST DANGEROUS CITIES IN AMERICA

## 9. Oakland, California

**Violent crimes per  
100,000: 1,442.5**  
**2015 murders: 85**  
**Poverty rate: 21.0%**  
**Unemployment rate: 5.9%**

## 10. Kansas City, Missouri

**Violent crimes per  
100,000: 1,417.3**  
**2015 murders: 109**  
**Poverty rate: 19.4%**  
**Unemployment rate: 5.5%**

USA Today





# THE 6 MOST GANG INFESTED CITIES IN AMERICA

6. East St. Louis, Illinois
5. Oklahoma City, Oklahoma
4. Camden, New Jersey
3. Detroit, Michigan
2. Los Angeles, California
1. Chicago, Illinois



The Richest



# **GANGS IN AMERICA**

**It is estimated that over 1.5 million people are members of the roughly 35,000 different gangs operating in the United States.**

**Among those gangs are street gangs, both on the national and local level, outlaw motorcycle gangs, prison gangs, gangs affiliated with organized crime, and gangs made up solely based on ethnicity.**

**Compared to many other first world nations, America has a higher proliferation of gang members, and gang violence.**

**Social conditions that create gangs, and help recruit gang members, such as poverty, failing education systems, and systemic racism all play a major role in exacerbating gang culture.**

The Richest

# GANGS AND CHILDREN

**Gangs are groups of children, adolescents and young adults who share a common identity and are involved in wrongful or delinquent activities**

**Some children and adolescents are motivated to join a gang for a sense of connection or to define a new sense of who they are.**

American Academy of Child and Adolescent Psychiatry



# GANGS AND CHILDREN

**Others are motivated by peer pressure, a need to protect themselves and their family, because a family member also is in a gang, or to make money. One of the worst effects of gang membership is the exposure to violence.**

American Academy of Child and Adolescent Psychiatry



# **FACTORS THAT CAN CONTRIBUTE TO CHILDREN AND ADOLESCENTS TO JOIN A GANG INCLUDE:**

**Growing up in an area with heavy gang activity.**

**A history of gang involvement in the family (family members who are current or former gang members).**

**A history of violence in the home.**

**Too little adult supervision.**

American Academy of Child and Adolescent Psychiatry

# VISUALIZATION FOR OUR CITIES



Original Video

# **FACTORS THAT CAN CONTRIBUTE TO CHILDREN AND ADOLESCENTS TO JOIN A GANG INCLUDE:**

**Unstructured free time, particularly during after-school hours and on the weekends.**

**A lack of positive roles models and exposure to media (television, movies, music) that glorifies gang violence.**

**Low self esteem.**

**Sense of hopelessness about the future because of limited educational or financial opportunity.**

**Underlying mental health issues or behavioral disorders, such as oppositional defiant disorder (ODD) and attention-deficit/hyperactivity disorder (ADHD).**

American Academy of Child and Adolescent Psychiatry

# GENERAL REASONS FOR GANG MEMBERSHIP

## 1. Identity

Gang members cannot achieve an identity in their environment, so they gain it in the gang culture.

## 2. Protection

Joining a gang in a community with several gangs offers considerable protection from violence and attack from rival gangs.





# GENERAL REASONS FOR GANG MEMBERSHIP

## 3. Fellowship

Studies indicate that a tight family structure is lacking in the home environment. Gang activity offers that closeness, that sense of family that is often lacking in the home.

## 4. Intimidation

Membership can become very dangerous at this level of "recruitment." New members are forced to join by threats, violent beatings, and initiations in order to increase membership.





# THE THREE R'S OF GANG LIFE

**Reputation - a critical concern of gang members**

**Respect - also critical, often linked with fear and power**

**Retaliation - no challenge left unanswered**

Wikispaces.com



# GANG PREVENTION: AN OVERVIEW OF RESEARCH AND PROGRAMS

No programs have been developed specifically to prevent gangs from emerging. In the meantime, to prevent youth from joining gangs, communities must employ multiple strategies and services, including:

**Addressing elevated risk factors for joining a gang.**

**Strengthening families.**

**Reducing youth's conflicts.**



# GANG PREVENTION: AN OVERVIEW OF RESEARCH AND PROGRAMS

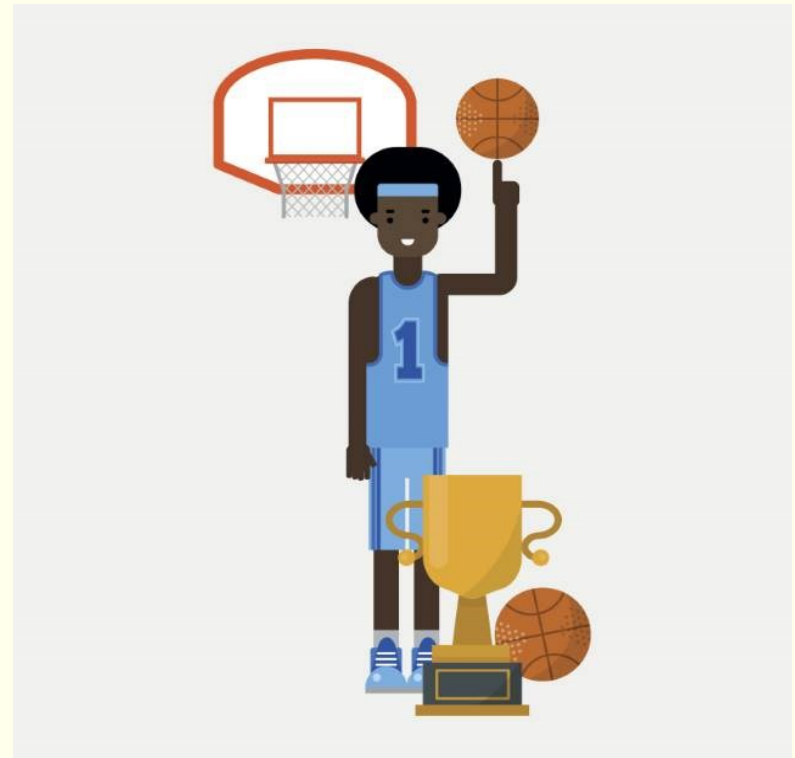
**Improving community-level supervision of youth.**

**Providing training for teachers on how to manage disruptive students.**

**Providing training for parents of disruptive and delinquent youth.**

**Reviewing and softening school “zero tolerance” policies to reduce suspensions and expulsions.**

Youth.Gov



# **GANG PREVENTION: AN OVERVIEW OF RESEARCH AND PROGRAMS**

**Ensuring that punitive sanctions target delinquent gang behaviors, not gang apparel, signs, and symbols.**

**Providing tutoring for students who are performing poorly in school.**

**Increasing adult supervision of students after school.**

**Providing interpersonal skills training to students to help resolve conflicts.**



# GANG PREVENTION: AN OVERVIEW OF RESEARCH AND PROGRAMS

***Providing a center for youth recreation and referrals for services.***

***Providing gang awareness training for school personnel, parents, and students.***

***Teaching students that gangs can be dangerous.***

***Providing training for school resource officers in mediating conflicts.***

Youth.Gov



# ***EDUCATION***

The Children's Scholarship Fund

video

<https://www.youtube.com/watch?v=mSJ1dWAn4go>

# ***ECONOMICS***

## Economics and Inner City Youth video

<https://www.youtube.com/watch?v=G8S7r59QgBo>

# ***SAVING THE CHILDREN***

## YOGA KIDS: Finding Inner Peace in the Inner City

video

<https://www.youtube.com/watch?v=92D70iFbA3Q&authuser=1>



# ***SAVING THE CHILDREN***

School replaces detention with meditation

video

<https://www.youtube.com/watch?v=Adg-S2hY07w&authuser=1>

## ***Song 30- Jesus Loves the Little Children***



# **Beloved Cosmic Buddha of the Ruby Ray**

**September 28, 2007**

## **“Reconnecting with Your Beloved”**

**“...I say that if even half of this body were to come together regularly once or twice a month in this type of circle of communion, sharing, listening with intent to each other's hearts and practicing something of your sacred science together, this city of New York, as well as many others, may have a greater presence of peace, of stability, a lessening in crime, the softening of hearts and a new radiance pouring forth because of your bonding, your connection, your love. May it be so, if you choose to follow this path and bring to the circle of community, through your own understanding and your gifts, that which you have garnered as truth thus far, blessed ones...”**

# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING



**Beloved Saint Germain Darshan  
March 14, 2009  
Sweden Spring Event 2009**

**“... On the horizon are more sensitive instruments that will allow the aura to be photographed in a way that everyone can see them rather than just the few. Can you imagine what it would be like to be able see everyone’s aura through a photograph?...**

**This could be a great boon in the solving of crimes, in the prevention of crime, and toward the ultimate purpose that should be at the core of some of these systems, which is to work with people to help them with their psychology and emotional conditions before their behaviors result in crime.”**

# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING



# **Beloved Elohim Purity**

**March 4, 2011**

## **Broadcast Through Detroit**

**“ Consider, dearest hearts, how each and every one of you, through focus upon the purity of the Mother-stream of light within you, may likewise nurture a village, a city, a state or a nation. When you are dedicated, through one-pointedness, to the power of purity and the intrinsic nature of light of the Great Central Sun that may flow through the crystal-essence of your being, and you see this as a fountain of stupendous radiation flowing forth through you day and night, you will be amazed to see changes in many realms—changes in the environment, in the weather, in the economy and in the lives of many, a decrease in crime...”**



# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING





**Lady Kristine**  
**April 27, 2013**  
**Livingston, Montana**

**“I am Lady Kristine. And through the essence of grace from God, I bless you. I bless your countries, the continents upon which your countries reside and all of your peoples for harmony, peace and divine progress to ensue and to be restored in those areas where there has been a proliferation of crime and man’s inhumanity to man that continues because the many feel they do not have the support, the abundance or the wherewithal to live a free and noble life...”**

# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING



**Beloved Godfre  
July 12, 2014  
A Sacred Weekend in Chicago 2014**

**“As your Godfre, I come and I stand firm in my resolve for this city, Chicago, to be a city of light, free of the influences of darkness, free to be a haven and a home of many divine beings who will continue, through the agency of the Holy Spirit, to project their energies from the Sun Source of all that is good, beautiful and harmonious to inspire souls to rise in their God Presence to experience the truth, the way and the life of that which originates from a fountain eternal in the Great Central Sun.”**

**Beloved Godfre  
July 12, 2014  
Continued**

**“Yes, dearest ones, I now touch the waters in that Buckingham Fountain near the shores of Lake Michigan, and I spread the light within an etheric substance within the water across a wide swath of land around Chicago. And there is a cleansing fire now manifest burning up records of death, of inharmony and of the influences of the Mafia and organized crime here. And I, Godfre, say, thus far and no farther, ye who would destroy a people and the very economy of this city and this nation through the manipulation that you continue to engage in through your underhanded ways. Blaze forth the light of God! Blaze forth the light of God! Blaze forth the light of God!”**

**Beloved Godfre**  
**July 12, 2014**  
**Continued**

**“Now there is a humming as cosmic angel choirs sing the song of freedom and liberty within the atmosphere above the entire Chicago land area in this hour. And these angel choirs, directed by the blessed Mother Mary herself with Raphael, shine forth the light of healing, of wholeness and of the radiance of the Holy City throughout this entire region for the restoration and the resurrection of that which is true, beautiful and divine within the school systems, the universities, the parks, the riverways, all modes of transportation and communication so that a new concourse and a new discourse of light and love may emerge.”**

## JOPHIEL'S PRAYER

**Angels of Light,  
Oh So Bright,  
Come to Us Today,  
Clear Our Minds,  
Help Us Find  
Peace Within Your  
Ray,**



## JOPHIEL'S PRAYER

**Jophiel,  
Christine,  
Angels of the  
Sun,  
Blaze  
Illumination's  
Ray,  
To Make us  
Now All One.**



## JOPHIEL'S PRAYER

**Free our Minds  
with Christic Light,  
So we may be  
made whole,  
Outworn  
Paradigms now  
gone,  
We now reach our  
goal.**





## JOPHIEL'S PRAYER

**Angels of the  
second ray,  
Blaze your Fire  
now here,  
Raise the minds of  
all mankind,  
Conquer doubt and  
fear!**



**David Christopher Lewis Darshan (Overshined by Afra)**  
**January 31, 2016**  
**Livingston, Montana**

**Question: “What can be done about gang violence, drug abuse, poverty and economic disparity that often seems to be at play in some of our inner cities, in the ghettos and in the slums?”**

**“...You must give back to the world; it is the universal law of the tithe. You give back to God, or to the Divine, ten percent of what you earn. And when you give back in whatever way you give back, you receive more and it multiplies.**

**In that givingness, you can help people overcome the limitations that they feel within themselves, that make them enter gangs, engage in violence, or feel that because of their economic disparity they have to steal or engage in other acts of crime...”**

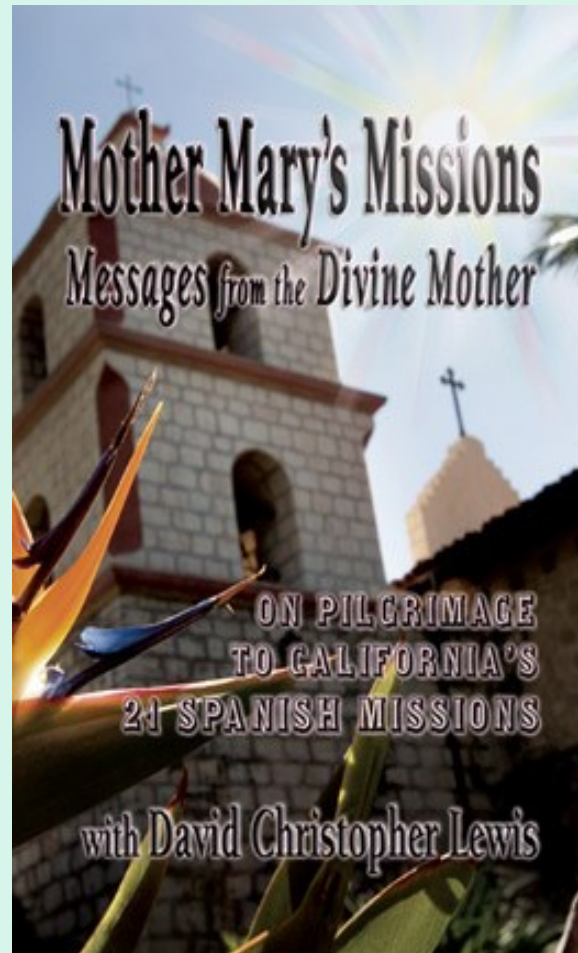
# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING



**Beloved El Morya**  
**April 16, 2016**  
**Livingston, Montana**

**“There are many other issues that I could address that you are aware of, including crime, including a lowering of educational standards, including the destruction of the environment through the introduction of toxic chemicals and pollutants into the earth, the water, the atmosphere, and ultimately into the body temples of lightbearers. Yes, these you must address by invoking the violet-laser light and seeing its radiance instantaneously manifesting as the cosmic transmutation of all that is less than perfection and by glorifying God within this world through your divine will matched with God’s divine will.”**

# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING



**Beloved Mother Mary  
October 23, 2005  
Mission: Number Five  
San Fernando Rey de España Mission –  
(Recreated)**

**“I speak to the leaders of the gangs within this area and I say: Thus far and no farther! You shall not pass! You shall not hurt my holy ones, the babes in arms and the young of many cultures. Be bound, O entities that have inveigled themselves within the culture of violence here, the death and destruction of these gang cultures. Enough is enough! You have no power any longer to continue your evil ways. Thus leave off of this violence, of your shooting and of your culture wars, and embrace the Son of God and the light of the Christ that burns within every heart no matter what culture, what race, what nation that one arises from. Ye are all brethren! Remember this, O souls.”**

**Beloved Mother Mary  
October 23, 2005  
Continued**

**“Therefore Archangel Gabriel comes and Archangel Michael, and together they disarm those of you who thought that by taking up arms you could wield the power to control your territories. You have no power, you have no power, you have no power this day! Therefore leave off, leave off, leave off of these patterns of darkness. Embrace the light of these angels, who love you so, and know a new life of meaning, of purpose and of possibility.”**

# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING





**Beloved Saint Germain**  
**April 30, 2011**  
**The Freedom of the Soul of America**  
**Los Angeles, California**

**“I AM” Statements**

**“ I AM the resurrection of the consciousness of the youth and of all who are involved in gangs.”**

# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING



**Darshan with El Morya (Part 1)**  
**September 15, 2012**  
**Autumn Equinox Tour 2012**  
**Chicago, Illinois**

**“If there is murder, we must replace that with light and life, new life energy. Wherever there is murder, there is a scar on akasha. And we must understand the dynamic of what takes place upon Earth when a soul no longer has a physical temple and the life within that body is snuffed out prematurely, and especially the youth through gang violence. And we can determine that this will not occur, that we will educate the youth, we will do what it takes to pray and to provide such a resource of light in the city that murders will not ensue any longer.**

**Darshan with El Morya (Part 1)**  
**September 15, 2012**  
**Continued**

**“It is up to us individually to determine just how much we are willing to give sacrificially on behalf of others, and to accent what heaven does with the stamp of our own beingness by determining that we will stand firm, resolute in our determination to be the one with El Morya, live in his fire, live in his flame until we see the effects in the world of form.”**

**Darshan with El Morya (Part 1)**  
**September 15, 2012**  
**Continued**

**“ When a soul is one with God and determined, no matter what comes, to be true to the first cause of light, heaven sees that determination and sends multitudes of heavenly hosts, angels and supporting beings to provide the impetus and give safety and safe haven to that soul to accomplish his or her ends. Anything is possible.”**

**Darshan with El Morya (Part 1)**  
**September 15, 2012**  
**Continued**

**“We could have this crisis resolved within the next few days if we together pledge our beings to a shift and a change, demand of heaven, storm heaven by our prayers, not unrighteously but righteously. We can demand that the ascended masters and heavenly hosts move into action and use key individuals in the system to change what is occurring and to find those individuals who are at the root of the violence and the gangs and the murders and bring them to justice.”**

**Darshan with El Morya (Part 1)**  
**September 15, 2012**  
**Continued**

**“And we can do this even while we simultaneously educate and nurture lives so that this unseemly violence doesn’t continue and so that people have what they require without resorting to murder and mayhem. If we call ourselves initiates, we take responsibility for this world wherever we see pain, suffering, illness, lack and need.”**

# OUR MAJOR CITIES ARE SPIRITUALLY CHANGING





# ***Saint Germain on Advanced Alchemy***

**by David Christopher Lewis**

**Question # 8 (pages 114-115)**

**“Is it possible to reduce or eliminate violence and gangs through alchemy?”**

**DCL: The way to reduce or eliminate violence and gangs is to work on ourselves. Ask yourself, “What within my own being is indicative of the existence of violence? Is there violence within my consciousness that requires resolution and healing?” Consider the Ho’oponopono teachings and Dr. Hew Len’s work. With the understanding and acceptance that all are one, Dr. Len healed violent criminals by working internally on himself and saying, “ I love you. I’m sorry. Please forgive me. Thank you.”**

***Saint Germain on Advanced Alchemy***  
**by David Christopher Lewis**  
**Continued**

**“ As alchemists, we understand that ultimately we must become the change we desire to see in the world by continually working on and cleaning ourselves. To eliminate violence and clean up gang activity, we must do internal cleaning. It’s not about which prayer will do it “out there”; the one prayer is, “O Lord, clean me out.” It is only through our collective inner work that violence and gang activity will be fully cleansed and transmuted, that those who are currently in our drawn to gangs will have communities and families that love them, and that they will no longer desire to engage in violence or gang activity. When these individuals feel deeply loved and supported, they will no longer look to gangs for what they really desire—family, fellowship, community.”**

***Saint Germain on Advanced Alchemy***  
**by David Christopher Lewis**  
**Continued**

**“ So let’s transmute internally the angst and the violence. Whatever internal gangs we have, let’s clean up and transform them. Let’s become within ourselves the holy family and the model for what gangs can be. We are an integrated community inside of ourselves, and therefore the true community (of which gangs are a perversion) will be born first within us. When we clean up and transform the violence and gangs within ourselves, then what we see in the world will also be cleaned up and transformed.”**

# *Ho'oponopono*

**I Love You,  
I AM Sorry,  
Please Forgive  
Me,  
Thank You 9x**



# OUR MAJOR CITIES HAVE SPIRITUALLY CHANGED!



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Thank you for your feedback!

[Link to Course Survey](#)



## Complete the Survey

Go to the course page and click on the link to complete the survey.

Thank You

Dee Stewart

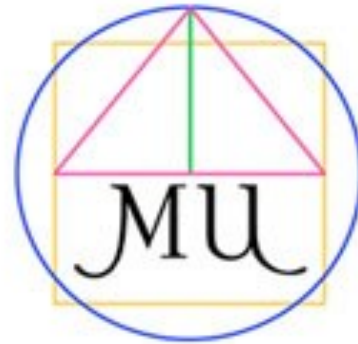
Meru University Staff

The Hearts Center Creative Arts Team





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